

TERMS OF REFERENCE

I. PROJECT

HILOT OR MASSAGE TRAINING AS LIVELIHOOD PROGRAM FOR WOMEN IN THE COMMUNITY
AUGUST 25 - 27, 2021

II. BACKGROUND

Hilot or Massage is a system of assessment, evaluation and manual application techniques used in a scientific manner taking into account the muscle locations, stress points and other anatomical considerations of the human body.

It includes adjunctive external application of water, heat and cold, stretching, passive and active joint movement within the normal physiologic range of motion as a means of promoting pain relief, injury rehabilitation or health improvement in a safe, non-sexual environment that respects the client's self-determined outcome for the session.

III. OBJECTIVES

The objective of the Livelihood Program is to reduce poverty and inequality by generating employment among poor households and by moving highly vulnerable households into sustainable livelihoods and toward economic stability.

IV. PROCUREMENT REQUIREMENTS

1. Must be DOT accredited
2. Willing to provide services on a send-bill arrangement

Scope of Works/ Deliverables

Particulars	Breakdown	Quantity	Remarks
Transportation	August 24, 2021 Van Hire for DOT Employee/Speaker (Quezon City – Calamba, Laguna – San Juan, Batangas)	1	• Must be DOT Accredited
	August 27, 2021 Van Hire for Speaker (San Juan, Batangas – Calamba, Laguna – Quezon City)	1	
Meals	Participants/Speaker/ DOT Employee (AM/PM Snacks and Lunch) P 700.00 x 35 pax x 3 days	105	
	Speaker/DOT Employee (Dinner) P 500.00 x 3 nights x 2 pax	6	
Accommodation (with Breakfast)	August 24 – 27, 2021 Speaker/DOT Employee P 4,000.00 x 3 nights x 2	6	• Must be DOT Accredited

	rooms		
Training Kit	Notebook, Ballpen, ID Holder, ID Lace, Massage Oil, Hand Towel	30	
Other Expenses	Hygiene Kit (Face Mask, Face Shield, Alcohol)	30	
	Tarpauline	1	
	Load Card (350)	1	
	Antigen Test	2	

V. BUDGET: Php 150,800.00 inclusive of tax

VI. PROJECT OFFICER/CONTACT PERSON


KENETH C. DE GRACIA
 Tourism Officer II

Noted by:


MARITES T. CASTRO
 Chief TOO